



AESTHETICS & WELLNESS

Ultherapy[®]

The World's Number 1
Non-Surgical Face Lift



ULTHERAPY® AND HOW IT WORKS

What is Ultherapy?

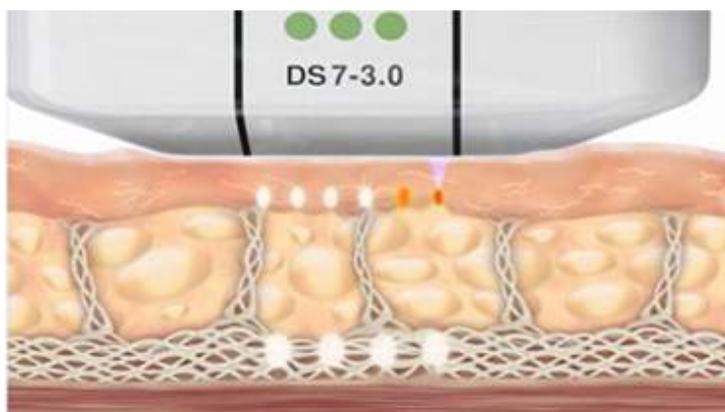
In our youth our facial fat pads sit in their correct position under the skin. The result is high looking cheeks and taut jaw lines. A natural part of the ageing process is gravity leaving the skin slacker, jaw lines undefined and brows drooping. Collagen and elastin production which holds the skin taut and younger looking, shuts down gradually from our late twenty's. Our fat pads move downwards in the facial area leaving us with heaviness around the brow and jaw line. Our skin also becomes more lax.

The beauty of Ultherapy is that it works to actually stimulate your collagen and elastin to wake up and act as in your youth. The result is a gradual lifting of the skin minimizing laxity so you look fresher and more youthful.

How Does It Work?

Using targeted ultrasound energy, it initiates the body's natural response, known as neocollagenesis, to produce fresh, new collagen and elastic.

How Does Ultherapy Work?



Focused ultrasound energy is delivered non-invasively and selectively into the dermal layer as well as the skin's deep support structures without affecting intervening tissue. This is done around the eyes, cheeks, and upper neck.

WHAT CAN I EXPECT?

During Your Treatment...

After cleansing the skin and identifying the specific areas to be treated, your Ultherapy practitioner will apply the ultrasound gel and place the smooth treatment applicator against your skin. Next, she will use Ultherapy's ultrasound imaging to first see deep within the skin to determine optimal placement of the treatment energy, and then deliver the focused ultrasound energy beneath the skin's surface.

During the treatment delivery, you will feel tiny amounts of energy being deposited to precise depths, indicating that the collagen-building process has been initiated.

Comfort levels vary from person to person, but the sensation only lasts while the ultrasound energy is being delivered.

After Your Treatment...

With Ultherapy, there is no downtime! You can return to your normal activities immediately after your procedure without any post-treatment restrictions or requirements.

Your skin might appear flushed at first, but the redness should disappear within a few hours. Some patients experience slight swelling, tingling or tenderness to the touch, but these are mild and temporary in nature.

CONFUSED ABOUT TREATMENTS...

It's not surprising it's difficult to decide whether a treatment is the right one for you. There is so much information available but very rarely 'how treatments work' are compared for you. Here is the key information to help you:

Ultherapy uses sound energy - tried-and-true ultrasound - which has unique properties that allow it to bypass the surface of the skin to treat depths not matched by any other non-invasive cosmetic device. Ultherapy ultrasound stimulates collagen production in the skin's foundation, resulting in a clinically significant lift of tissue over 2-3 months.

Lasers rely on light energy, which cannot reach deeper skin layers at an optimal temperature, so laser treatments typically only treat superficial skin and are not FDA-cleared to lift skin.

Since the two technologies often treat different types of skin issues, they're actually very compatible.

WHAT RESULTS CAN I EXPECT?

Best known as the non-invasive alternative to a face lift, Ultherapy involves no needles or scalpels; there's no downtime and, best of all, no scarring.

The procedure takes between an hour or two and results can be seen in 2-3 months with the most dramatic results evident at 9 months.

Ultherapy is the only FDA* cleared skin lifting treatment available in the world with 21+ clinical papers supporting its efficacy and over 700,000 treatments worldwide.

*(US Food & Drug Administration).

While Ultherapy won't duplicate the results of a facelift, it's a clinically proven non-invasive alternative for those not ready for surgery—and can even be an option for patients who wish to extend the effects of cosmetic surgery.

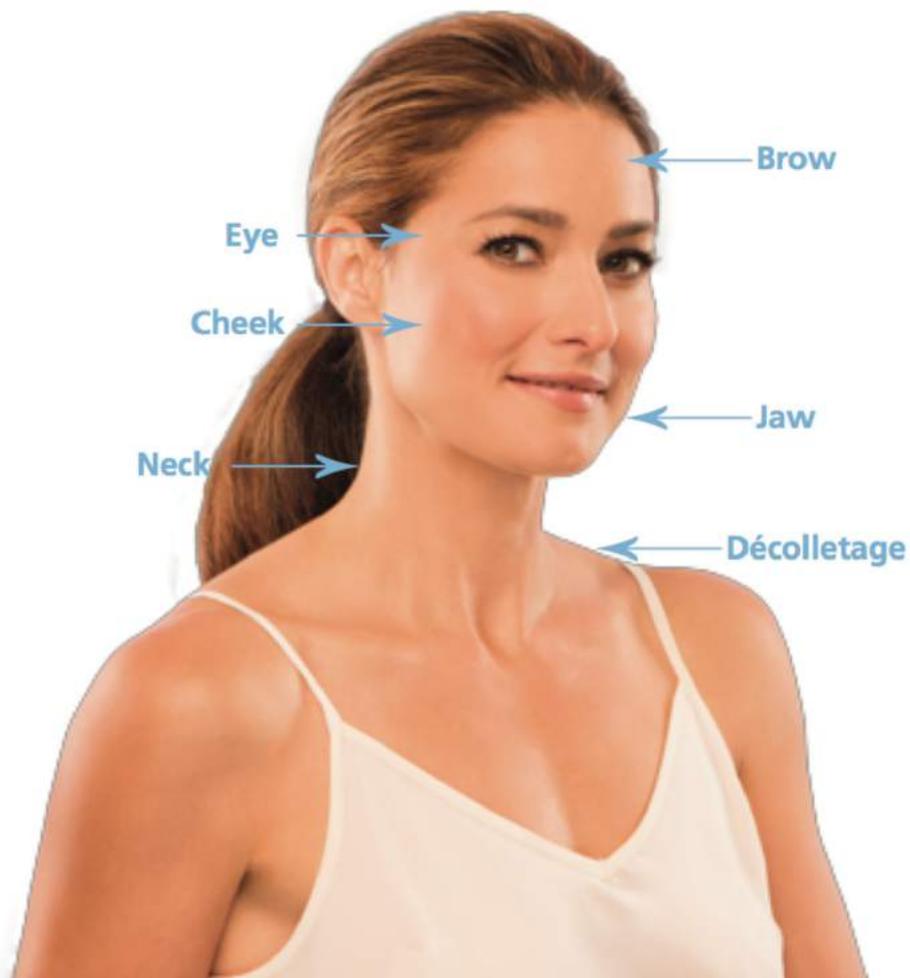


Before

After 360 Days

AREAS SUITABLE FOR TREATMENT WITH ULTHERAPY...

Ultherapy is ideal for ageing skin which has become slack. Typical treatment areas are brows, cheek area, jaw line, neck, décolletage. It can also be used on the arms and over the knees.



Most clients only need one treatment. However, based on the degree of skin laxity, the biological response to ultrasound energy and the individual's collagen-building process, some patients benefit from additional treatments. Because skin continues to age, future touch-up treatments can help you keep pace with the body's natural ageing process

WHAT ARE THE NEXT STEPS?

If you're interested in this procedure, we recommend you research Ultherapy clinics near to you or contact a centre that has been recommended to you by a friend who has undergone the treatment.

Ensure the clinic uses Ultherapy as this is the only FDA-cleared skin lifting treatment in the world (Food & Drug Administration) so you can be confident you will achieve the results you want.

Check the practitioner who will carry out your procedure is highly trained and experienced. Clarify they have received training through MERZ Pharma the medical technology company behind the Ultherapy (Ulthera) device.

Don't be afraid to enquire about their experience, ask them to share their results and discuss how many procedures they have carried out. It is vital that you feel you are in safe hands before, during and after your treatment.

During your consultation you should be asked to discuss your medical history, talk about the areas you would like to have treated and your expectations, and understand your suitability for treatment.

Once you are satisfied you have all the information you need and are feeling confident to move ahead, you should be given a treatment date 14 days after your consultation. This 'cooling off period' is a recommended industry standard and provides you sufficient time to digest the information and ask further questions should you need to.

Ultherapy®

WHY WE RECOMMEND DR CLAIRE OLIVER...

As Medical Director of Air Aesthetics Clinics, Dr Oliver is one of the UK's leading Ultherapy practitioners. One of a very small number to have trained with US surgeons where Ultherapy is well known and used.

With clinics in Henley in Arden, Warwickshire, and The Cube, Birmingham City Centre, we are able to offer you a personalised, professional customer experience in the location that suits you.

We understand that you may feel nervous and we invite you to visit a Air Aesthetic clinic and watch a treatment taking place. You are more than welcome to speak to some of our clients and meet with Dr Oliver to informally discuss Ultherapy prior to a consultation.

We do not charge for this time with us.

Call **0845 519 5377** and speak to Sue Harbour, our Clinic Co-ordinator, and discover how your exciting journey will lead to a new you.

Email: hello@airaesthetics.co.uk



Dr Claire Oliver



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